

## Egyptian City Break

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**Country(ies):** Egypt

**Tour type:** City Break

**Transport:** A/C minibus

**Group size:** Min: 1 | Max: 0

**Days:** 5 Days

**Start location:** Cairo, Egypt

**End location:** Cairo, Egypt

**Departs On:** Any day

**Meals:** Breakfasts - 4, Lunches - 1, Dinners - 1

**Highlights:**

Visit the Pyramids, Sphinx & Saqqara, Egyptian Museum with the famous King Tutankhamun display, city tour including the Citadel & Khan al Khalili bazaar, Alexandria city tour, Nile dinner cruise

**Places Visited:** Cairo & Alexandria



# Itinerary

## Day 1: Arrive in Egypt & transfer to hotel

You arrive at Cairo airport where we greet and transfer you to the impressive Mena House hotel, which is located right at the foot of the pyramids. Our local rep. welcomes you, helps you settle into the hotel, and outlines the plan for the next few days.

**OVERNIGHT:** Cairo hotel

**MEALS:** None

**EXTRAS:** Single room supplement (EGTMEC) || Extra day in Cairo (5-star) - pre-tour

## Day 2: Visit the Pyramids, Sphinx & Saqqara

After breakfast we have a brief pre-tour briefing before we take you on a tour of Giza and Saqqara. Giza was built around 4600 years ago as a necropolis (cemetery) for the pharaoh Khufu (Cheops). The successor of Sneferu, Khufu was known as a tyrant and in his arrogance decided to have built a tomb that was bigger and better than all others. Standing 500 feet high and 750 feet at its base the Pyramid of Khufu is an awesome man-made structure constructed of giant blocks of stone covered in a hard limestone casing. The casing has, over the years, been stripped away to leave exposed the inner block structure. Together with the smaller pyramids of Khafre (Chephren) and Menkaure (Mycerinus), the majestic sight of these enormous structures rising out of the desert is a breathtaking spectacle. Here you have the chance to climb inside one of the pyramids (there are a limited number of tickets available, so we cannot guarantee this), and also to take a camel ride. Close by, the mysterious Sphinx stands guard, as it has done so for thousands of years. You have another guided tour around the sphinx and some free time to walk around and take photos.

From here we take you to Saqqara, which lies 25km to the south of Cairo. Djoser's (Zoser's) Step Pyramid (built 4700 years ago) dominates the skyline and is believed to have been the ancient Egyptians' first attempt at Pyramid building. The entire 7km stretch of desert at Saqqara is a treasure trove of pyramids, temples and tombs, which we will have plenty of time to explore, while we learn about the history of pyramid building in Egypt.

After a full day of sightseeing we return to the hotel for a relaxing evening.

**OVERNIGHT:** Cairo hotel

**MEALS:** Breakfast

**EXTRAS:** None

## Day 3: Cairo city tour & dinner cruise

After breakfast we begin our tour of Cairo. Founded in 969 AD by Gohar, a Fatimid army leader, El Kahera (Cairo) soon became the capital of Egypt. Subsequent additions like the El Azhar mosque, the Islamic University, and defensive walls and a citadel, built by Saladin in 1179, have helped Cairo remain Egypt's principal city. The 16-year reign of Ismail (1830-1895) ushered in a new period of expansion and modernisation in Cairo. Areas like Heliopolis, Dokki and Roda were added, while gardens, Opera houses, large hotels and wide, tree lined avenues were built. Further post revolutionary, urban expansion has left Cairo as one of the world's largest cities. Today it is a bustling metropolis of over 20 million people, a strange mix of modern and old, a unique blend of diverse cultures and a gateway to Egypt's past.

Your tour includes a visit to the Egyptian Museum (which houses a vast collection of artefacts from Egypt's past, including the famous King Tutankhamun display), the Citadel (a collection of mosques and palaces, with a great

view over the city), and the Khan al Khalili bazaar (a mazy market that offers a window to the past and a guaranteed souvenir).

Finally, this evening we enjoy a dinner cruise on the River Nile. During the meal, there will be traditional Sufi dancing and fun, exotic belly dancing.

**OVERNIGHT:** Cairo hotel

**MEALS:** Breakfast, Dinner

**EXTRAS:** None

## Day 4: Alexandria tour

We leave Cairo behind today and head north to the Mediterranean city of Alexandria. Today's tour is flexible, but we normally include the Roman amphitheatre, which has twelve semi-circular marble tiers and is in remarkably good condition, the Citadel built on the site of the famous ancient lighthouse, and also the Catacombs of Kom al-Shoqafa, which is the largest Roman cemetery in Alexandria. Dating from the beginning of the Second Century AD this cemetery displays a unique blend of Pharaonic and Roman art. We may also visit the beautiful Montazah Palace in its peaceful garden setting. In the late afternoon we return to Cairo.

**OVERNIGHT:** Cairo hotel

**MEALS:** Breakfast, Lunch

**EXTRAS:** None

## Day 5: Transfer to the airport for departure

Your tour ends today and your time is free in Cairo until we transfer you back to the airport for your flight home.

**OVERNIGHT:** N/A

**MEALS:** Breakfast

**EXTRAS:** Extra day in Cairo (4-star) - post-tour

## Included

- All Accommodation
- All meals indicated in your itinerary
- Airport transfers at the start and end of your trip
- Site entrance fees for all tours detailed in your itinerary
- Qualified tour guide to accompany you on all sightseeing
- Private vehicles for all road journeys indicated
- Comprehensive pre-departure material

## Excluded

- International flights (can be arranged on request)
- Travel insurance (compulsory, available on request)
- Egyptian Tourist Visa
- Tipping kitty (allow approx. US\$30)
- Meals, drinks & snacks not mentioned in the itinerary
- Any other items not mentioned in the itinerary

# Options

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Our tours are designed to include all that you need to enjoy a really special time in the destination you're visiting.

However, we do also offer some extra options to complement the tour and add some additional sightseeing or activities, or some extra time at either end of the tour.

All accommodation based options (e.g. Single supplements, extra nights, cruise upgrades) should be booked and paid for in advance so that we can make the appropriate arrangements.

Other options may either be booked and paid for in advance or while you are on the tour, though we recommend booking in advance to ensure there are no issues with availability.

Many options are priced the same throughout the year, but some may incur single or high season supplements - full details are given on the tour reservation form or on request.

## Wadi Rayan day trip (Valley of the Whales)

**Min numbers:** 1

This tour provides a great contrast to the Pharaonic sites you have visited on the rest of your tour. We leave Cairo and head to the Fayoum region where we head for the Wadi Rayan Protected Area, which surrounds a fresh-water lake in the middle of the desert, filled by the remaining irrigation water from the Fayoum area. There are several waterfalls here (popular in Egyptian pop music videos), and a bird hide which gives good views of the lakes birdlife, particularly in the winter months when the lake is an important stop for migrating water-birds. We also visit the Springs Oasis area, a rare example of an uninhabited Saharan oasis, and host to many different plants and animals, including Dorcas Gazelle, Ruppell's Sand Fox and Fennec Fox. Before lunch, we'll make a stop in the sand dunes surrounding Wadi Rayan to have a go at Sandboarding. After a stop for a packed lunch, we then drive into the stunning desert & mountain scenery of Wadi Hitan (Valley of the Whales). This World Heritage Site is accepted as the most significant site in the world to demonstrate the evolution of whales, and we take a 2-3km walk here to see several specimens of fossilised whales of different types sitting on the surface of the sand, as well as fossilised mangroves and the remains of crab holes.  This tour requires a full free day in Cairo, but can also be arranged straight after you arrive back in Cairo from Luxor/Aswan from the overnight sleeper train. We can also arrange it on any tour if you add extra days before and after your main tour. Prices shown are based on 2 or more people travelling, with an additional supplement due for solo travellers.  Price includes lunch whilst in Wadi Hitan and entrance fees.

**Price:** Starting from - \$170

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## 1. Accommodation

Most of our small group tours use high quality hotels at the Egyptian 5-star level in Cairo, Aswan, Luxor and Hurgada, all with swimming pools and a choice of restaurants and bars.

However, some of our lower budget trips (eg. Egypt Express) use good quality 3 and 4-star level hotels, all with air-conditioned en-suite bathrooms. On some tours we also use a Nubian guesthouse in Aswan which is full of character and has a great location by the Nile.

Our private/tailor-made tour itineraries use a wider mix of hotels, from comfortable mid-range hotels at the 3-4 star level (generally the best available in some of the less visited places included in the particular itinerary) up to some of the very best deluxe 5-star properties in the country.

Please check the Accommodation tab on the tour page or download these Tour Notes for details of the normal hotels used. On our group tours, these hotels may change from time to time for other properties of a similar standard. If you would like to guarantee a particular hotel, please request a tailor-made tour.

Nile cruise tours are generally based on Egyptian 5-star level boats - perhaps equivalent to a decent international 4-star hotel standard. Please check the Accommodation section on the tour page for details. Deluxe 5-star level boats, all-suite boats, and Dahabiyas are also available on private and tailor-made tours. Please contact us for details.

Accommodation is based on twin, triple or double en-suite rooms/cabins with air conditioning. All couples will be given a private double room/cabin. Triple cabins are not available on Nile cruise boats.

Please check the Single Room Supplement option for details on room sharing options and charges for solo travellers on this tour.

### Gala Dinners

Many of Egypt's hotels and Nile cruise boats arrange a very special gala dinner with entertainment in the evening on Christmas Eve and New Year's Eve. Payment for these is often optional on Christmas Eve (24 Dec) but may be compulsory on New Year's Eve (31 Dec), whether you attend or not. Prices can range from around US\$50 to over US\$180 per person. Final decisions on prices and whether dinners are compulsory are made relatively close to the time. We aim to always select hotels that make their Gala Dinners optional, though this is not always possible. Gala dinner prices are therefore not included in our prices above, but will be added to your booking if they become required. More information is available on request.

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## 2. Transport

Our trips feature a mix of different transport options. We want you to feel like you're really experiencing the country you're travelling through, but at the same time we want you to finish journeys refreshed enough to enjoy the next stage of the tour. In Egypt we do not use any public tourist buses or overnight coach journeys as we know that people don't sleep on board and end up very tired for the following few days. All the vehicles we use are air-conditioned, many are fitted with speed limiters, and all are inspected and checked daily.

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## 3. Transfers

Our Egypt tours include a 24-hour airport meet & assist service in Cairo airport, your arrival and departure airport-hotel transfers and all other transfers. Our representative will meet you in the immigration hall of Cairo airport before you get to passport control. They will assist with visa formalities before helping you collect your luggage and taking you to your hotel.

Your airport transfers are only included on the first and last day of the set tour itinerary, plus on any additional days if you book your hotel room with us. If you make your own arrangements for additional accommodation at either the

beginning or the end of the tour then you will need to arrange your own airport transfers on these days.

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#### **4. International Flights**

We want to give you as much flexibility as possible when it comes to booking your holiday with us. So, to take account of people with varying travel plans, we don't normally include international flights in the main tour price. We are however very happy to suggest flights to go with the tour. Please contact us with your preferred dates and departure airport and we'll give you a selection of airlines, times and fares to choose from.

Your airport arrival & departure transfers are included on the first and last days of the tour. Nearly all our Egyptian tours start and finish in Cairo airport (CAI).

We do also sometimes advertise flight inclusive packages from selected airports. Where these are shown on our website, prices are correct at the time of quoting, but are subject to continued availability of the fare used. Prices will be reconfirmed at the time of booking, and we will also provide the flight times and airline details before tickets are issued.

#### **Travel Zoo / Groupon Flight Inclusive Packages**

Encounters Travel occasionally offer flight inclusive packages - In this case, your international flights will be included as per the package you have purchased. Flight inclusive prices are based on the cheapest Economy ticket class available which is generally non-refundable and non-changeable. More flexible ticket options, as well as Premium Economy and Business Class tickets are available on request for an additional supplement. Any changes made to flight inclusive bookings will be subject to the airline rules on your ticket.

#### **Flight CO2 Emissions:**

Traveling by air is an amazing way to explore the world, but flights also contribute to carbon dioxide (CO2) emissions that impact the environment. By considering the airline's CO2 emissions when you choose your flight, you can help minimize your travel footprint.

When selecting your international flights and airline, we do therefore recommend that you try and also take into account the flight CO2 emissions. Some airlines and flight search websites (eg. Google Flights, Skyscanner) do publish this information, so you can compare between your flight options and make an informed decision. Thankfully, many airlines are working towards sustainability efforts, and choosing a greener option allows you to contribute to positive change while still enjoying your incredible adventure.

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#### **5. Group Size/Tour Leaders/Guides**

We are committed to being a small group operator, as we feel this gives everyone in the group the best chance to get to know their fellow travellers and to hear and make the most of their guide. There's no point in us providing great guides if you've got to peer over 30-40 shoulders to see them! So, we won't ever put you in a 50-seater coach with 49 other people and just one guide. Instead, we set our Egypt small-group departures to have a maximum of 18 travellers.

Shoestring tours have a maximum group size of 26. On dedicated Nile Cruise tours you may join larger boat groups for the sightseeing trips, though a supplement is always available for a private Egyptologist guide for these tours (requires advance booking).

Specialist escorted tours and workshops may have different group sizes - please download the Tour Notes for details.

In Egypt we provide fully trained, local English-speaking graduate Egyptologist guides to run your tour and escort you during all of the sightseeing in Cairo and the Nile Valley. We also have permanent local reps in all the main towns/cities and Red Sea resorts who are also at your service, and will be handling all the practical arrangements for the tour. We use local Bedouin guides for tours through the desert.

Whilst the majority of our tours are guided in English, we do offer a limited number of small group departures which are led by experienced Egyptologist guides fluent in French or Spanish. Notes are shown next to each departure date to highlight these. Guiding in other languages is also available on private departures (eg. German, Italian, Polish) - please contact us for details and quotations.

On some departures we may use one guide in Cairo, and a second guide if you are travelling between Aswan and Luxor.

At Encounters Travel we only use local Egyptian guides and reps. We feel this gives you the best experience of the country and the sites you are seeing. Please check our website for more details and profiles of some of our most famous Egyptian guides.

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## **6. Entrance Fees**

Our Small Group tours do not include entrance fees to the tourist sites mentioned in the itinerary. We do however normally include these in prices for Tailor-Made and Escorted tours. Please check the Inclusions and Exclusions section below the tour itinerary for a details about your tour and the amount you may need to budget. This amount is subject to change and will be reconfirmed in Egypt at the start of your tour. A 50% discount for minors or ISIC card holders is often, but not always available.

Your guide will be happy to collect payment for all the entrance fees at the start of the tour, and pay them for you as you go along if you wish. This payment is normally collected in US Dollars cash together with payment for any Tipping Kitty used on the tour, though you may also pay with Egyptian Pounds or other currencies, converted to USD. Local exchange rates are set on a monthly basis and based on local bank rates so may not match the exact rates you may find online on the day.

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## **7. Tipping**

Tipping is very much a part of Egyptian culture and customs. To make our prices more transparent and so it is easier for you to budget and less hassle while in Egypt, on our small group tours we organise a 'Tipping Kitty' which needs to be paid as a local payment and will be around US\$30-80 depending on the length of your trip. Payment is collected in US Dollars cash or can also be paid with Egyptian Pounds or other currencies converted to US Dollars at our local monthly exchange rate, or by credit card (3% fee). This kitty provides tips for a wide range of people you'll meet along the tour including hotel porters, housekeeping staff, train and station staff, drivers, site guards, local reps etc. Please check the Included/Excluded notes below the tour itinerary for more information on how much to budget for this kitty.

Your Egyptologist guide (and Bedouin guides in the desert) is not included in this kitty and you may tip them at the end of your tour subject to your satisfaction with and appreciation of the service they have provided. You should not feel obliged to tip any particular amount, and should consider your personal budget. We are often asked to provide a guide however, and can suggest that approx. USD 10-15 per person per day would be appropriate.

Children under the age of 12 do not need to pay this tipping kitty.

On private/tailor-made tours we can also arrange a tipping kitty if you wish, or you can tip people as you go along the tour. Your guide will be happy to help advise either way.

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## 8. Passports and Visas - Egypt

Passports should be valid for at least six months after your departure from the country. Please do not bring an almost full or almost expired passport. Visa arrangements are the responsibility of the traveller, and requirements are subject to change by the local authorities.

We recommend that you contact your closest Egyptian consulate or embassy for current information for your nationality.

In general official advice is that all nationalities obtain their Egypt visas in advance, as we cannot guarantee that you can get them in the airport. An online e-visa is available through [visa2egypt](https://visa2egypt.com). Please do not use any other website as there are many scam sites offering Egypt e-visas.

In practice however, many nationalities (including British and European, Australian, New Zealand, USA) can and do obtain their visas on arrival in Cairo airport. The process is much quicker and simpler, the cost is currently **US\$25 p/p** and must be paid in hard currency (i.e. GBP, USD or EUR) - you'll be given change in local currency if necessary. There are no forms to fill in and you don't need to bring passport photos. Visas are issued at one of the bank desks in the immigration hall, before you get to passport control. Our representative will have met you by this stage and will assist with the process.

**Important Note:** Due to recent changes in the visa regime for Canadians, a visa on arrival or e-visa will no longer be possible for Canadian Citizens entering Egypt after October 1st 2023. Until further notice Canadian passport holders must obtain a visa prior to arrival, from the nearest Egyptian Consulate.

All African & Indian nationals, and some others, will need to obtain their visas in advance.

For further information on your visa requirements, please either contact us or your local Egyptian embassy/consulate.

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## 9. Money - Egypt

The local currency in Egypt is the Egyptian Pound, often denoted 'LE'. The Egyptian Pound can vary significantly in value against the British Pound, but sticks fairly close to the value of the US Dollar. You do not need to arrange to bring any Egyptian Pounds with you to Egypt, as change facilities are available in all the hotels, airports and banks. You should try to obtain and keep hold of small denomination notes or coins on you during the tour as these are useful for toilets, tips and small purchases. ATMs are readily available in major towns and many local shops will accept VISA/Mastercard or Amex, but may charge fees of up to 10% - check before you pay. Travellers cheques are not recommended as they can not be changed in many places now, and can incur high fees.

While in Egypt you will need sufficient funds to cover meals not included in the itinerary, drinks, snacks, souvenirs and personal expenses such as laundry. These should generally all be paid for in Egyptian Pounds. You may also need to pay for the tour Tipping Kitty and site Entrance Fees while you are in Egypt. Payments for these may be made to your tour guide in hard currency (USD, GBP, EUR) at the start of your tour. Please see your tour Included/Excluded details for more information and guideline amounts for these.

It is difficult to recommend a level of personal spending money which will suit everyone as this can differ greatly, but as a guideline, we would suggest allowing USD 15-25 per person per day as a minimum. Allow more if you plan on doing lots of shopping, or buying many alcoholic drinks.

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## 10. What to take

**Luggage:** Suitcases, rucksacks or fabric holdalls are all fine to bring with you to Egypt. You should also bring a small daypack/bag to take out during the day. Your main luggage will normally be left in the hotel during your sightseeing trips – you will not need to carry it far, and there are nearly always hotel porters to assist.



**Luggage limits:** There is no luggage limit for this tour. However, most airlines restrict you to between 20kg and 25kg for your hold luggage and between 5kg and 10kg for hand luggage. Please check with your airline before travelling to the airport.

**Clothing:** Most of your time in Egypt will be in a hot climate. However, at night, and especially in the deserts, the temperatures can drop quite dramatically. So you must pack for cool conditions. Formal dress (eg. suits & ties) is not required on the cruise boats or in 5-star hotel restaurants. Long sleeves are recommended to protect from mosquitoes if you are on the felucca. Modesty rates highly in Egypt, especially for women, so to respect the local culture & people, please ensure all clothes are loose fitting and not revealing. Shorts (not hot-pants) are OK in tourist sites, as are T-shirts, but these should not show too much bare flesh (we suggest that your shoulders should remain covered). In the centre of Cairo, and when visiting any mosques, legs and arms should be covered.

**Other items:** If you will be travelling on a felucca then we recommend bringing a light sleeping sheet or sleeping bag liner all year round for comfort, and a light sleeping bag in the winter months (November to February). We also recommend you bring a sun hat, sunscreen, sunglasses, a basic first aid kit, toiletries, small towel, money belt, small torch, camera & charger.

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## 11. Dates & Prices

This tour is designed as a sample tailor-made tour itinerary. As such we do not offer set group departure dates that you can join. Rather, the tour is available for you to do privately starting on any date of the year. Guideline seasonal prices are given below, based on 2 people travelling. If you would like to adjust the tour itinerary, or there will be more or less people travelling, please contact us and we will customise a price for you.

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## 12. Booking & Payment

If you would like to book a place on this tour, please complete the online reservation form on our website (via the Dates & Prices tab on the tour page). You may make a deposit or full payment online, or just hold a reservation if you prefer (full payments are due 8 weeks before departure). We will then contact you with more details about how to complete your booking. Payments may be made by debit or credit card (subject to a card processing fee), or by making a bank transfer, or posting us a cheque/bank draft. Full details will be provided in your booking confirmation email. Please [contact us](#) if you would like any more information or have any questions before making a booking.

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## 13. Travel Insurance

Travel insurance is compulsory on all of our tours and needs to cover personal accident & liability, medical expenses and repatriation, travel delay & abandonment. We also strongly recommend that you take out cover against cancellation and lost/stolen baggage. Personal medical insurance does not normally provide sufficient cover and is generally not suitable for travel on our tours. You will not be able to join your tour if you have not provided us with details of your insurance or if you arrive without cover in place (no refunds will be due in this event). [More information...](#)

You may arrange your own insurance, or you can take advantage of a comprehensive policy that we can arrange for you through Endsleigh Insurance which has been designed to be suitable for our tours. The policy is available to travellers of all nationalities and you do not need to live in the UK to take out the policy. For full details of cover provided, prices and to apply for one of our policies, please complete [travel insurance application form](#).

Note: Any country that borders the Mediterranean is considered as 'Europe' for the purposes of travel insurance (including Turkey, Israel, Egypt and Morocco). If you are doing a tour that visits one country in 'Europe' and one that is 'Worldwide' (for example, an Egypt and Jordan tour), then you need a 'Worldwide' policy. When completing the form you should enter your travel dates including any extra days involved in overnight flights or connecting travel between your home and the tour. Our policies are not able to cover any extra time or activities other than your tour

and options booked with us and your travel to & from home.

Note - to comply with insurance sales regulations, our travel insurance policies are only available to customers booking directly with us. If you have booked through a travel agent you will need to arrange your own insurance.

If your tour includes car hire, or if you plan to arrange a hot air balloon flight locally or do some scuba diving during your tour, you should check the small print in your policy to make sure these are covered (these are covered in our policy). Please also check the maximum altitude that you will be reaching and that full cover including emergency evacuation is provided up to this altitude.

If you are taking expensive camera gear or other electronic equipment with you then please check the coverage and the fine print of your policy to ensure that you have sufficient cover.

*IMPORTANT: We must have your travel insurance details (policy number and type of insurance) before you depart or you may not be allowed to join the tour. If you haven't told us already, please let us know the details when you can. You should take a paper copy of your insurance policy with you as you may be asked to show this at the start of the tour.*

### **Covid-19**

**Before purchasing any travel insurance, please check the coverage provided for situations related to Covid-19, and for the rules about government travel advice. Your normal policy may not be suitable. Details about our own policies cover levels are given [on our website](#).**

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## **14. Financial Security**

We are a UK registered company and are committed to providing our customers with financial protection to provide peace of mind and to allow you to book with confidence.

We have therefore partnered with Trust My Travel Ltd., which provides financial protection services to over 2000 partners around the world. Funds paid to us by our customers are protected via an Insurance policy held by Trust My Travel. Each traveller and the description of services sold is declared against Trust My Travel's insurance policy directly against our financial failure. In the event of our insolvency, you will be refunded for any unfulfilled products and/or repatriation to the UK (where applicable). Please see [our website](#) or [booking conditions](#) for more information.

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## **15. Responsible Tourism**

It is impossible not to have an impact on the local environment, cultures and eco-systems when you travel. However, it is very possible to try and ensure that these impacts are as limited, or positive as possible. We are committed to ensuring that we try to leave our host countries in a better state than we found them and encourage and assist our travellers to help us with this.

The following are a few simple tips that require very little effort on your part but which will help ensure that any effect you have on the locations you visit is positive rather than negative.

- Don't prejudge: Things in different countries will almost certainly be different. That doesn't make them worse or inferior, just different.
- Communicate: Don't expect locals to speak your language. Take the trouble to learn a few words or phrases of the local language. Don't worry about sounding silly. Most locals are patient and accommodating and appreciate you making the effort to communicate in their language.
- Conserve energy: Be careful not to waste valuable resources. Use local resources sparingly. Switch off lights, air-conditioning and fans when you leave the hotel room and don't waste water. Remove superfluous packaging. Many countries have far less efficient waste disposal systems than ours. Remove packaging from newly acquired items before leaving home.
- Don't litter: No matter how untidy or dirty the country you're travelling in may look to you, avoid littering, as there is no need to add to the environment's stress. Many of the countries we visit have a tough challenge

dealing with rubbish and waste. Please consider taking home as much plastic waste as you can (e.g. water bottles).

- Choose environmentally friendly products: By using environmentally friendly (bio degradable) sun creams, shampoos and detergents you can help reduce pollution.
- Respect local customs and traditions: As you are a guest in these countries, you should also comply with the local customs. If you are friendly and well mannered, the locals will reciprocate and it will only enhance your experience. It's important to follow dress and behaviour guidelines especially when visiting religious or sacred sites (your tour leader will advise you how best to do this).
- If a client commits an illegal act the client may be excluded from the tour and Encounters Travel shall cease to have responsibility to/for them. No refund will be given for any unused services.

All porters are employed and equipped following guidelines set by the International Porter Protection Group (IPPG).

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## 16. Follow Us Online

You can stay in touch with us online by following us on Facebook and Twitter. We post updates on relevant travel news in our destination countries, special offers and discounts and other interesting travel related news and information.

[www.facebook.com/encounterstravel](http://www.facebook.com/encounterstravel)

[www.twitter.com/encounterstravel](https://twitter.com/encounterstravel) (yes, without the 'e')

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## 17. Before you travel

It is important when considering and preparing to travel anywhere in the world that you have a good understanding of the country you are visiting, its laws and customs, and the possible risks and situations that may occur. This includes specific risks related to your itinerary (eg. does it involve water & can you swim, are you fit enough for the activities included), as well as more general risks such as terrorism and natural disasters.

General details and links to more information about health risks, visa requirements, money, and travel insurance are given in these tour notes. We recommend that you re-read all these before your departure as well as the small print of your travel insurance policy so you know exactly what is covered and what is not.

You should take copies of your important travel documents with you and ideally also store them online securely as a backup. Make sure that you have given us your emergency contact details and told that person where and when you are travelling. Ensure you take enough money with you and that you have access to emergency funds.

Finally, you should read through and stay updated with the current [official government travel advice](#) for your destination. We are registered partners with the UK Foreign Office's '[Travel Aware](#)' campaign which provides further useful and invaluable information.

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## 18. Health and Vaccinations

You should ensure you are fully insured for medical emergencies including emergency evacuation and repatriation.

Recommended vaccinations and other health protection measures vary according to the country you are visiting and where you are traveling from. We recommend you contact your GP/medical practitioner or a travel clinic for current information on vaccinations needed for your destination. You should ensure that you are up to date with vaccines and boosters recommended for your normal life at home, including for example, vaccines required for occupational risk of exposure, lifestyle risks and underlying medical conditions.

In addition, additional courses or boosters normally recommended for the countries in this region are:

Egypt: Tetanus, Typhoid, Hepatitis A

Jordan: Tetanus, Hepatitis A  
Israel: Hepatitis A, Poliomyelitis  
Lebanon: Diphtheria, Hepatitis A

Malaria is not generally present unless it has been contracted abroad; you do not need to take malaria prophylactics.

More information is available here: [Egypt](#), [Jordan](#), [Israel](#), [Lebanon](#)

Note: We are aware of some places in Egypt using 'black henna' instead of pure brown henna. Black henna contains a chemical dye PPD (paraphenylenediamine) which can result in severe allergic reactions and resultant scarring. To be safe we recommend avoiding any henna tattoos while in Egypt unless you are certain they are using pure brown henna.

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## 19. Time

The time in Egypt, Jordan, Israel and Lebanon is GMT plus 2 hours and in UAE GMT plus 3 hours. Daylight saving adjustments have historically been applied in some years but not others. At present it appears that there will be no daylight saving changes in Egypt 2016 and beyond, though this may change at short notice (with a resulting impact on flight times and schedules). In Jordan and Israel, daylight saving of one hour is generally applied between the end of March and the end of October, making it GMT plus 3 hours. Exact dates vary from year to year and sometimes the changes may be scrapped altogether.

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## 20. Voltage

Sockets are two round pronged and 220 volts (Type C). Universal adaptors are available in most airport shops if you don't have one already. Standard European adapters will work fine, though sometimes they may feel a little loose in the sockets. All hotel rooms have electrical sockets where you can re-charge cameras, phones etc. Hair dryers are normally available on request from the hotel reception if not in your room already.

If you have US appliances (110 volts) you will need a voltage converter as well as a plug adapter.

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**Note:** Please [download an up-to-date copy](#) of these tour notes shortly before you travel as itineraries and information does change from time to time.

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